

SIBWORKS

A peer support program for
kids aged 8-12 who have a
sibling with disability



PROGRAM

SibWorks is an **evidence-based** program by Siblings Australia. Using fun and practical activities, SibWorks supports siblings aged 8-12 by building their **emotional wellbeing** and **resilience**, and **connecting with others** who share the same experience. The SibWorks peer support program will run over three days, with sessions delivered by an accredited SibWorks facilitator.

BENEFITS

By the end of the program, children will:

- understand more about disability and functional challenges
- feel less alone
- know new ways to deal with tricky feelings
- have practiced coping skills they can use in their lives
- feel more positive about themselves as siblings

DETAILS

DATES: Mon 20th, Wed 22nd & Fri 24th January 2025

TIME: 12:30PM-5:30PM

VENUE: Gungaharra Homestead Hall, Harrison

(close to Mapleton Ave Light Rail stop)

COST: \$570 (includes afternoon tea, workbook, all materials, certificate)

INFO/REGISTER



right4me.com.au/sibworks

**JANUARY
SCHOOL
HOLIDAYS!**

YOUR FACILITATOR



Tess Yvanovich

Principal & Inclusion Support Specialist
Right4me

"I'm an experienced educator, disability advocate and Canberra local. Having a disabled family member is rad, but sometimes the worries and needs of their siblings get lost in the chaos of everyday life! In SibWorks, we give siblings the time, space and skills they need."